

The Development of Physical Abilities

Using the motor skills checklist, identify skills that you observe.

Alternates feet going down stairs



Climbs objects



Strings large beads



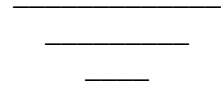
Walks steady



Alternates feet going up stairs



Draws horizontal lines



Runs



Jumps off bottom step

Draws vertical lines



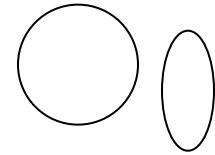
Stops accurately when running



Jumps up and down



Draws circles



Skips



Balances on one foot



Draws recognizable pictures



Hops



Walks on tiptoe



Cuts with scissors



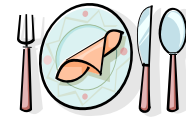
Pushes self on wheeled toys



Catches Ball



Uses fork and spoon without spilling



Rides Tricycle



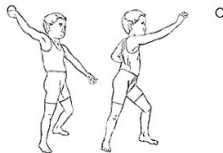
Turns pages of book one at a time



Makes bridge of three blocks



Throws ball



Screws lids off and on containers



Kicks ball



Builds tower of eight blocks



