

Be My Neighbor



GROW YOUR GARDEN



Gardens are a wonderful way to grow our neighborhoods, and every family can plant a garden together with just a little planning. Planters, yards and indoor pots are all perfect spaces to begin. Find a space that will work for you, and decide what fruits and vegetables you would like to grow. Then create a plan for how you will nurture your garden as a family. Once you are ready, plant your seeds and watch them grow into a beautiful harvest!

BE MY NEIGHBOR DAY GROWING INSTRUCTIONS

[Growing Peas](#)

[Growing Chives](#)

[Growing Marigolds](#)

[Growing Tomatoes](#)

[Growing Carrots](#)

RESOURCES

[Tips for Gardening With Kids](#)

[Best Plants to Grow in Utah](#)

[Basic Gardening Tips](#)

[Utah Gardening Guide](#)

DANIEL TIGER'S NEIGHBORHOOD APPLICATION

"Children's curiosity always needs to be encouraged and supported. More important than what we say is letting our children know that we welcome their asking us about anything they don't understand."

-Fred Rogers

Gardens are rich places for children to learn and strengthen valuable qualities. Episode 109, "A Trip to the Enchanted Garden" shows how parents can encourage children's curiosity. Watch this episode with your children and encourage them to find answers to their questions by "looking closely to find out."

“One thing is sure — food is important to everybody. As a parent, you want to give your children healthy foods. That’s one way you let them know you care about them.”

-Fred Rogers

In Episode 116, “Be a Vegetable Taster!” Daniel Tiger visits his school’s vegetable garden and picks out healthy vegetables to eat as a snack. After you have planted your family garden, look forward to picking out healthy vegetables to eat as snacks with your children.

Learn more about Daniel Tiger and watch these episodes [here](#).