

# Plan for Family Needs



Each member of your family has different needs that should be considered when planning for an emergency. Infants, elderly, or disabled persons will require additional assistance. Age, ability, and health are all factors that can affect your ability to meet basic needs during a natural disaster or other emergency situation. Take 20 minutes to review your preparedness plan and consider any needs of specific family members under your care. For more information and additional resources, visit [utah.gov/beready](http://utah.gov/beready).

- If you take medicine or use a medical treatment on a daily basis, be sure you have what you need on hand to make it on your own for at least a week. You should also keep a copy of your prescriptions as well as dosage or treatment information. If it is not possible to have a week-long supply of medicines and supplies, keep as much as possible on hand and talk to your pharmacist or doctor about what else you should do to prepare.
- Include games and activities for children as part of your preparedness planning
- Include copies of important documents in your emergency supply kits such as family records, medical records, wills, deeds, social security numbers, credit card and bank account information, and tax records
- If you use eyeglasses, hearing aids and hearing aid batteries, wheelchair batteries, and oxygen, be sure you always have extras in your home
- Consider the needs of pets and animals as a part of your emergency storage. Store a week's worth of pet food and supplies in case of an emergency

Watch 20 to Ready videos at [www.kbyueleven.org/community/20toReady](http://www.kbyueleven.org/community/20toReady)