

Lightning Dangers



Lightning strikes are a major cause of weather-related deaths in Utah, especially during the summer months. A few precautions will help keep you safe from lightning strikes. Lightning can strike at any time and does not need to strike directly to cause injuries. Be sure to check the weather reports before planning activities outdoors, and seek shelter if conditions worsen. For more information and additional resources, visit utah.gov/beready.

- Consider the possibility of thunderstorms or lightning strikes when you spend time outdoors, especially at higher elevation

Outdoor Safety

- Seek shelter from lightning by relocating to a sturdy building or vehicle
 - If no cover is available, seek a depression in the ground and squat down to create a low profile
- Avoid being in or near open fields, isolated trees, communication towers, bleachers, metal fences, and water sources (Rivers, lakes, swimming pools, etc.)

Indoor Safety

- Turn off and unplug appliances during a thunderstorm
- Turn off heating and air conditioning systems
- Postpone a bath or shower until after the storm
- Close window shades and remain away from windows

Watch 20 to Ready videos at www.kbyueleven.org/community/20toReady