

Get a Kit



An emergency kit contains basic items that you will need to survive on your own for up to 72 hours or be comfortable during an emergency situation. You can choose to make your own kit or purchase a pre-assembled kit from an emergency supply retailer. Make sure to include items that are appropriate for the climate, season, and situation. Make additional kits to keep in your car and at your workplace. For more information and additional resources, visit utah.gov/beready.

- Use a backpack or a small suitcase to create a preparedness kit for each individual in your household. Include the following items:
 - Extra clothing (appropriate for the season and climate. Update your kit every few months)
 - Space blanket
 - Non-perishable food supply (pre-packaged or just add water)
 - Bottled drinking water (1-gallon per person per day)
 - Portable Radio
 - Batteries, solar charger, or hand-cranked power source
 - Flashlight
 - First aid supplies and medication (add medication specific too each family member to their individual preparedness kit)
 - Identification, insurance, and financial information
 - Cash in small bills
 - Toys, games, and entertainment items for each individual
 - A kit for each of your pets that includes a carrier, food, and water

Watch 20 to Ready videos at www.kbyueleven.org/community/20toReady